

This Joint Child Death Overview Panel (CDOP) reviews the deaths of children aged 0-18 years, in order to learn lessons and share findings for the prevention of future deaths. This Joint CDOP aims to use the findings to make actions and recommendations to improve the health and safety of children across the area. From what we know the initiatives below will contribute to preventing the deaths of children/young people.

Preventing Injuries and Deaths in Children and Young People: May 2021



Child Safety Week—7th to 13th June

This year, the Child Accident Prevention Trust are running their annual community education campaign from the Monday 7th June through to Sunday 13th June. It will act as a catalyst for thousands of safety conversations and activities UK-wide. They will be posting newly-designed safety advice, including illustrated posts, animations, polls and questions, across their social channels and asking people to *share because you care*.

Register for the free shareable content [on their website](#).

Launch of new family water safety online course

The Royal Life Saving Society (RLSS) has launched a free online water safety toolkit which teaches families how to enjoy the water safely.

The 'Lifesaver-Lifechanger' toolkit gives people the confidence to keep themselves and others safe around the water by providing instruction on safe land-based rescues.

The online toolkit has four modules, covering a range of topics:

- An introduction to water safety
- Top tips on how to stay safe around water at home, in the pool, outdoors and at the beach
- What to do if you or someone else finds themselves in an emergency
- How to perform a rescue from land.

LIFESAVER • LIFECHANGER

The Water Safety Toolkit

GIVING FAMILIES CONFIDENCE TO BE
SAFE IN, ON AND AROUND WATER



Go to [RLSS UK's website](#) to access and share the toolkit.

For more information, contact: info@rlss.org.uk



Kirklees Safeguarding Children Partnership

Wakefield
**Safeguarding Children
Partnership**



Calderdale
**Safeguarding
Children
Partnership**

BASIS— Safe Sleeping Information Sheets

BASIS, the Baby Sleep Information Source, have a series of free information sheets to download and print as required, free of charge. Their info sheets on 'Where Babies Sleep' and 'Bedsharing & Safety' have been endorsed by NICE as suitable resources for health practitioners to use in implementing the NICE co-sleeping and SIDS recommendations in UK.

The documents are available to download in English, Italian, Spanish, Dutch, Japanese, French and Romanian, and are available [on their website](#).

SIDS rates in Yorkshire and the Humber



The Lullaby Trust has produced a briefing about the rates of sudden infant death syndrome (SIDS) in Yorkshire and the Humber and advice on how these numbers can be brought down. The latest results from the Office for National Statistics (ONS) showed that, in 2018, SIDS rates in England and Wales increased by 7%. SIDS rates in Yorkshire and the Humber have also increased from 0.29 in 2017 to 0.40 in 2018. Rates of SIDS deaths in Yorkshire and the Humber are now amongst the highest in the country, considerably higher than the average rate in England and Wales of 0.30.

[Download the full briefing](#) to see an overview of the figures and advice on how to tackle SIDS in the area.

NCMD Briefing—Child suicide during COVID-19

The National Child Mortality Database (NCMD) carried out a real-time surveillance study of child suicide rates between 1 January 2020 and 17 May 2020. By pooling information across all notifications of death, they aimed to identify any changes in incidence and common risk factors, and support public health responses to COVID-19 to balance interventions to control the spread of the disease against the impacts that such interventions may have on population health. The report found that restriction to education and other activities, disruption to care and support services, tensions at home and isolation appeared to be contributing factors. As such, clinicians and services should be aware of the need for continued vigilance and support during periods of physical distancing, particularly among children and young people previously known to mental health services. To read the report in full, [visit the website](#).

NHS England has published [advice for parents, guardians and carers](#) on how to support a child or young person if you're concerned about their mental health, as well as [advice for young people who need help](#).

If you are having thoughts of suicide or are concerned for a young person who might be, you can contact **HOPELINEUK** for confidential support and practical advice.

Call: 0800 068 4141

Text: 07860039967

Email: pat@papyrus-uk.org



NICE—New postnatal care guidelines

NICE guideline NG194 was published on the 20th April 2021 and replaces NICE guideline CG37. It includes recommendations on:

- organisation and delivery of postnatal care
- postnatal care of the woman
- postnatal care of the baby
- symptoms and signs of illness in babies
- planning and supporting babies' feeding

[READ THE FULL GUIDANCE HERE](#)

and the guidance is for:

- healthcare professionals
- commissioners and providers
- women having routine postnatal care, and their families.

Anaphylaxis—Adrenaline auto-injectors guidance

It's vital that children, young people, and their carers are aware of how to manage their allergies, including the latest guidance surrounding adrenaline auto-injectors. In August 2020, NICE updated their clinical guidelines on anaphylaxis and added advice for people to be prescribed 2 adrenaline injectors before discharge, and that they should be advised to carry these with them at all times.

[Read the full guidance here.](#)

[See the overview here.](#)

The MHRA also has [an advice sheet for patients and carers](#), last updated in August 2018, emphasising the importance of checking the expiry date of adrenaline auto-injectors and obtaining replacements before they expire.

Allergy Awareness Week 2021—24th to 31st May

Allergy Campaign are running an Allergy Awareness Week from the 24th to the 31st May, to empower the allergic community by giving them the support they need to be positive and confident about managing their allergies. [Keep up to date with their events here.](#)

Their website also includes plenty of information for schools who want to make their school safer for children with an allergy.

It also has guidance and campaigns tailored towards young people managing their allergies.

[Access the campaigns here.](#)