

# Advice for living with other people

COVID-19 is still in our community. The only way to eliminate it is to stop it from spreading. If you live with other people who are not family, here's how to play your part...



## Stay 2 metres apart

Don't let people into your rooms and keep a safe distance from other people when moving around your house. If you have to get closer then **consider wearing a face covering**



## Wear a face covering

If you're **going shopping**, using **public transport** or expect to be **less than 2 metres** away from others. Anyone self-isolating should wear a face covering in common areas.



## Wash your hands

Wash your hands regularly with soap and warm water for 20 seconds - **Especially when you've been out**



## Isolate with symptoms

If you develop any of the COVID-19 symptoms, you must **isolate immediately** and **call 119**, or visit: [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus) to arrange a test



## Stay away from crowds

Don't hang around or congregate in the hallways, front of building, lounges or kitchens. **Even small groups can spread the infection.**



## Follow Test & Trace

If you are contacted by NHS Test & Trace – **isolate immediately** and **follow their instructions**



## Use your own cutlery

**Don't share cutlery** as it could transmit the virus. Only use your own and wash it up yourself and store it separate from others.



## Clean thoroughly

Clean often and use disinfectant. Clean surfaces, door handles, common rooms and laundry rooms. **Give extra attention to the bathroom and kitchen.**



## Use your own towel

**Don't share a hand towel** as it could transmit the virus. Only use your own and wash it regularly.



## Store items separately

**Don't share things** like food or items of personal hygiene as this could transmit the virus. Store your items separately from others, preferably within your room.

**We haven't beaten the virus... yet?!**

[www.kirklees.gov.uk/coronavirus](http://www.kirklees.gov.uk/coronavirus)

