



We haven't beaten the virus... yet!

COVID-19 is still in our community.
The only way to eliminate it is to stop it from spreading.
All of us have the power to beat the virus.

Here's how you can play your part...



1 Stay 2 metres apart

Only get closer to people within your household bubble.
If you have to get closer then **consider wearing a face covering**



4 Wear a face covering

If you're **going shopping**, using **public transport** or expect to be **less than 2 metres** away from others



2 Wash your hands

Wash your hands regularly with soap and warm water for 20 seconds - **Especially when you've been out**



5 Isolate with symptoms

If you develop any of the COVID-19 symptoms, you must **isolate immediately** and **call 119**, or visit: www.nhs.uk/coronavirus to arrange a test



3 Stay away from crowds

even **small groups** can spread the infection



6 Follow Test & Trace

If you are contacted by NHS Test & Trace – **isolate immediately** and **follow their instructions**

The future is in our hands

www.kirklees.gov.uk/coronavirus

