

# Hidden Impact of Parental Substance Use



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The  
Base

Kirklees

# The Base: Hidden Impact of Parental Substance Use

Substance use can have an unseen impact on children and young people who have parents, carers or someone close to them using drugs and alcohol in their lives. This can include historic experience as well as present.

It is estimated that more than 300,000 children in England and Wales are growing up with one or both parents having serious drug problems. This can impact a child's feeling of safety, self esteem, mental health, physical health and academic achievement.

We work with any young person who has been impacted by someone else's substance use. We are a Kirklees wide service for young people aged 8-21 years old.

We can offer 1-2-1 sessions with one of our highly experienced Children and Family workers. We can cover many topics including; self esteem, safety planning, improving family relationships, understanding substances and why dependency can occur. We also run a group project that runs at various times throughout the year.

We work with a wide variety of services to ensure a person centered, holistic approach.

We are a free, confidential, non-judgement and caring service.



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# What Young People and families have said about the Service:

*'I would just like to say how fantastic The Base has been to my Daughter and myself. The service has made a massive impact on my daughter through this difficult time where she has needed the time and attention the most. I really appreciate the length the worker has gone to.'*

*'I did enjoy working with the service and I think it helped me a lot. I learnt more about why my dad turned to alcohol rather than something else and now have a better understanding. This will help me to be able to empathize more for him and will clear the confusion. I wouldn't have changed anything and I think everything you did helped me.'*

## Meet The Team:



Sasha Bye  
Children and Family Worker  
Sasha.bye@cgl.org.uk  
07423093076  
Working days: Monday-Thursday



Olivia Armitage  
Children and Family Worker  
Olivia.armitage@cgl.org.uk  
07341454885  
Working days: Tuesday-Friday



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## Animation:



The Base are delighted to share with you one of our animations, based on a young person our children and family service has worked with.

Behind My Smile :

<https://www.youtube.com/watch?v=XEBdfcCwYAO>

## How to Refer a Young Person:

To refer a young person to the service please contact the office on:

01484 541589

We are open: Monday 9am-7pm and Tuesday-Friday 9am-5pm

Please ensure that you have consent from the young person to make the referral.



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