



## **Barnados—Are you worried about a child during lockdown?**

### **See, Hear, Respond - Supporting information for education professionals There's now one partnership who will help: See, Hear, Respond**

In England, call 0800 157 7015 or visit <https://www.barnardos.org.uk/see-hear-respond>

Funded by the Department for Education and managed by Barnardo's, the See, Hear, Respond Partnership will contact every referral so no child gets missed.

We'll find a partner best placed to support the most isolated and at risk children in your area.

They'll get help in one or more of four ways:

- a self-service online hub of support and information
- online support including advice, guidance, and one to one and group therapy
- direct, face to face intervention, or
- helping children and young people reintegrate back into school.

## **PCC /OPCC Update Bulletin—17 July 2020**

Rather than the normal monthly newsletter, Mark from the PCC will now be looking to send out a weekly briefing so members of the public and partners can stay up to date with the work through the office and key information on the coronavirus effort.

Items included in the latest bulleting include:

- New Police Constable Degree Apprentices starting their training
- Safer Communities Fund hits £3.4m
- Further funding opportunities
- Competition—Young writers
- Blackmail Education Resource
- NHS and Government Coronavirus Guidance
- PCC Dedicated coronavirus webpage
- Latest Statements
- And, how to contact the Office of the Police & Crime Commissioner

To view the latest bulletin, click [here](#).

## **BBC—Has Something Scared you Online?**

The BBC has developed a new tool for children who may get scared on line

The main messages to children include:

For more information, click [here](#).

1. Remember: You are in control—If you see something you don't like, don't click on it. If it pops up when you're watching a video, close it down. If you are sent a nasty message or a challenge online, delete it.
2. Block and report it— If you see upsetting content online, block the user it came from, and report them on the platform you are using. An adult can help if you're not sure how to do this.
3. Don't pass it on — This is how horrible challenges or messages are spread around. If what you've seen makes you feel worried or unhappy - don't send it on to others.
4. Check device and privacy settings — Make sure your device and privacy setting are correctly set up. Don't accept friends you don't know in real life, and never give out personal information such as your location.
5. It's not real — Challenge videos saying that bad stuff will happen if you don't complete certain tasks, can be really scary. They are NOT real. Don't take part. Even with 'fun' challenges that aren't going to cause you harm – you don't have to do them. Never feel like you have to do anything you don't want to do.
6. Tell an adult — Talking through anything that's distressing you with someone you trust, such as a teacher or a parent, can really help.
7. Further help — If you're worried about anything you've seen when using the internet or apps you can contact Childline 24 hours a day, online and over the phone on 0800 1111.

[Get the support you need, right now.](#)

Here are more tips on what to do if you've [seen something upsetting online](#).

## **Updated CDOP Newsletter—July 2020**

This Joint Child Death Overview Panel (CDOP) reviews the deaths of children aged 0-18 years, in order to learn lessons and share findings for the prevention of future deaths.

To view the latest newsletter, click [here](#)