

This Joint Child Death Overview Panel (CDOP) reviews the deaths of children aged 0-18 years, in order to learn lessons and share findings for the prevention of future deaths. This Joint CDOP aims to use the findings to make actions and recommendations to improve the health and safety of children across the area. From what we know the initiatives below will contribute to preventing the deaths of children/young people.

## PREVENTING INJURIES & DEATHS IN CHILDREN & YOUNG

PEOPLE: July 2020

**SUDC** is the sudden and unexpected death of a child between 1 and 18 years of age, which remains unexplained after a thorough investigation is conducted. This must include; examination of the death scene, performance of a complete post-mortem, and a review of the child and family's medical history. SUDC is a category of death which eludes our scientific understanding today.

**SUDC UK** is the only UK charity dedicated to raising awareness and funds for research into Sudden Unexplained Death in Childhood. 40 children in England and Wales die every year without reason; more young children than to traffic accidents, drowning or fires. The sudden unexplained death of a child is one of the most under-recognised medical tragedies of our time, find further information on [www.sudc.org.uk](http://www.sudc.org.uk)

This short video explains the tragedy of Sudden Unexplained Death of Childhood: <https://vimeo.com/409815534>



The poster features four large letters: I, C, O, and N. Each letter is accompanied by a small icon: a baby crying for 'I', a baby being held for 'C', a baby's face for 'O', and a baby being shaken for 'N'. The text is in a simple, sans-serif font.

**I** Infant crying is normal and it will stop

**C** Comforting can sometimes soothe the baby – is the baby hungry, tired, or in need of a nappy change?

**O** It's Okay to walk away if you have checked the baby is safe and the crying is getting to you. After a few minutes, when you're feeling calm, go back and check on the baby;

**N** Never shake or harm a baby; it can cause lasting damage or death

**If you need support, speak to someone such as:  
your family, friends, Midwife, Health Visitor or GP**

**ICON:** Calderdale, Kirklees and Wakefield Safeguarding Children's Partnerships and CDOP are pleased to announce that NHS England and Improvement have secured the funding to allow the roll out of the ICON across the North of England and that health services in the three areas are currently in negotiations to see how it can be delivered locally. The call for resources comes from a number of infant deaths and serious case reviews where a baby has died or been seriously injured as a result of abusive head trauma. The programme – ICON: Babies Cry, You Can Cope! – provides key messages and resources to let parents and carers know that infant crying is normal and there are methods which can be taken to cope. Resources include leaflets, posters and video clips which can be shared with parents and carers at any contact. Please share the ICON coping techniques to families across your networks.

A simple 'script' which takes 5-8 minutes to deliver is available to help professionals or volunteers get the 'coping with crying' conversation started.

This should incorporate the safe sleep message detailed in the leaflet. [DOWNLOAD HERE](#)

Access the website for further information: <https://iconcope.org/>