

## **Barnardo's Turnaround Service Therapeutic Group Work – Trafficked Children Overview**

The Therapeutic Group Work Programme is aimed at children who are suspected of being internally trafficked for exploitation.

The reasons they can be trafficked for include:

- Sexual exploitation
- Criminal activity
- Forced labour
- Held in servitude

### **What does it look like?**

It's a six week group work programme with a maximum of 6 per group that provides therapeutic activities which can help develop:

- Resilience
- Sense of self-worth & positive value to others
- Emotional Intelligence
- Aspirations

### **Previous group work programmes:**

Groups run previously have included:

- Care for Cats
- Baking with the elderly
- Become a writer
- Self defence
- Music & Media
- Pottery